

Lincoln Association for the Education of Young Children



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Options for Joining the Lincoln Association for the Education of Young Children

1. Print a Membership application from the NeAEYC website. You can print a membership form from the NeAEYC website. You will need to put Nebraska NeAEYC and Lincoln AEYC as your local affiliates.
2. Join/Renew Online through the NAEYC website. Follow the online instructions

- ♥ **The treasurer position on the LAEYC board is vacant.** Vicky Heyen moved to Minnesota. We miss her and wish her well. We are looking for someone willing to volunteer for this position. *We welcome any suggestions you might have.*
- ♥ We are in the process of **planning trainings** for the coming year. Possible topics include: *Classroom Management, Special Care, Make and Take Literacy Kits, Coaching parents, Assistive Technology, Sensory Integration.* Send us your ideas or interests for upcoming trainings.
- ♥ **New mailing address:** LAEYC has a new mailing address: LAEYC, P O Box 57134, Lincoln, NE 68505-7134

- ♥ **Early Childhood Celebration 25th Anniversary:** LAEYC and the Early Childhood Celebration Committee are beginning to plan for the 25th Anniversary of the Early Childhood Celebration. Think about joining us on the planning committee. We love new ideas. Please contact Crystal Kozak 402-437-2403 or Pat Enevoldsen 402-437-2401.

- ♥ **Upcoming Events**

October 17th LAEYC Meeting, 6:00 p.m., followed by the Early Childhood Celebration meeting at 7:00.
Both meetings will be at Southeast Community College

November 12th Building Family Relationships - -Together on the Same Page (See more information below)

Building Family Relationships - -Together on the Same Page

Mark Your Calendar—NOVEMBER 12, 9-NOON

Presenter: Beth Gausman, Early Childhood Education Consultant

Registration and refreshments at 8:30 am, workshop 9-12.

Location: Southeast Community College G 1

In-service hours: 3 hours certificate

This workshop is designed for child care providers and teachers who work with children birth through 8. Many of us have found that the parents are not on the same page as we are. In this busy world how do we build a relationship with families so that we can better meet the needs of the children we work with? Beth will share many tips for building meaningful and successful relationships. We are excited to have this expert from Minnesota present. This workshop will qualify for in-service training hours.

Free to NAEYC members. \$5.00 for non-members who preregister, \$10.00 at the door.

Watch for the preregistration flyer.



**Next LAEYC Meeting will be October 17th from 6-7 p.m. at Southeast Community College, Room
TBA**



Rough and Tumble Play

In her article, "Rough and Tumble Play 101," in the Child Care Exchange resource *Promoting The Value of Play CD Book*, Frances Carlson (2009) points out the reasons to support big-body play in early childhood programs:

- Through the (very) physical interactions required in rough and tumble play, children are learning the give-and-take of appropriate social interactions. Successful participation in this play requires children to become adept at both signaling and detecting signals — a social skill they will need and use throughout their lives. When detecting these signals, they are learning to read and understand the body language signifying the play should come to an end.
- The play also requires children to alternate and change roles. Sometimes one child chases; at another time the child is chased. Because this give-and-take mimics successful social conversations and interactions, the social roles practiced and learned in rough and tumble play provides children with the social knowledge needed for future relationships.
- When children use this big-body play, the intense physical exertion of rough and tumble play also supports cardiovascular health. Through their involvement, young children get the moderate-to-vigorous physical activity needed for optimum physical health. And, because rough and tumble play is so physical, children get many of their vital touch needs met through the play. Because the preschool period is a critical period for children to develop both physically and emotionally, rough and tumble play for preschoolers is invaluable.